LETTER FROM THE DIRECTOR

It’s my pleasure to bring you this 2017 Annual Report, featuring highlights of the work performed by our staff to help our community to have a healthy place to work and live.

Weber-Morgan Health Department is in the second year of implementing our Community Health Improvement Plan to reduce obesity, teen substance abuse and suicide. This plan has enabled the health department to take an active role in such community-wide initiatives as OgdenCAN and IGP. Working in tandem with our community partners, we are putting in the groundwork to make changes that can bring about long lasting improved health in our community and in the lives of our residents.

Thank you to our board, staff and community partners for their support and guidance and collaboration in these efforts that often come in addition to our day-to-day activities of promotion, protection and prevention that you’ll also read about in the following pages.

Brian Brown
CHIP IN ACTION

COMMUNITY HEALTH IMPROVEMENT PLAN

OgdenCAN

INTERGENERATIONAL POVERTY

OTHER COMMUNITY COALITIONS
Ogden CAN Subcommittee Partners

- Area Residents
- Circles Weber County
- Get Healthy Utah
- Intermountain McKay-Dee Hospital
- Midtown Community Health Center
- Ogden City
- Ogden Regional Medical Center
- Ogden-Weber Community Action Partnership (OWCAP)
- USU Extention
- Weber-Morgan Health Department
- Weber Human Services
- Weber State University
- YMCA of Northern Utah
Aligning Community Health Priorities

Prediabetes

Diabetes

Obesity

Physical Activity

High Blood Pressure

Adolescent Substance Abuse

Prescription Opioid/Drug Abuse

Suicide/Mental Health

Depression

Weber-Morgan Health

McKay-Dee Hospital

Utah Health Department
FIRST BOOK PROGRAM
“PROMOTING LITERACY BY GETTING BOOKS INTO THE HANDS OF OUR YOUNGEST CLIENTS”

• Books purchased at low or no cost firstbooks.com, a non-profit that works to get books into homes of disadvantaged populations.

• Popular, age-appropriate books are given to children receiving routine childhood immunizations and home visits, from baby to adolescent.

• Immunization nurse writes name of child and date given on a WMHD label inside the front cover of the book.
Weber-Morgan’s Targeted Case Management (TCM) program has been expanded from one home-visiting nurse to three home-visiting nurses.

Medicaid-eligible children from 0-4 years old can receive a home visit from a trained RN to assess the child’s growth and development, answer questions, give community resources and referrals, and ensure that the family has access to a medical home.

Increased activities, including: flyers, letters, incentives, technological improvements using tablets to download information and decrease use of paper and save time, adding text messaging capabilities, and organizing a ‘WMHD TCM Guide’ for reference and training purposes.
INFLUENZA

• Visited all Weber and Ogden elementary schools.
• New in 2017, 12 junior high schools in Weber and Ogden school districts were added to the schedule.
• Total of 54 schools were reached providing not only influenza, but TDaP, varicella, and meningococcal.
• Influenza vaccinations were also offered to the community with a ‘drive-by’ clinic held in the Weber-Morgan Health Department parking lot. A great way for those who have a hard time getting in and out of the car to get their shot in the convenience of their very own vehicle!
• Influenza, and all other routine and travel immunizations, given in the Clinical Nursing Division of the health department.
<table>
<thead>
<tr>
<th>Disease</th>
<th>2017</th>
<th>2016</th>
<th>2015</th>
<th>2014</th>
<th>2013</th>
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<tbody>
<tr>
<td>Chlamydia Trachomatis Infection</td>
<td>888</td>
<td>873</td>
<td>790</td>
<td>693</td>
<td>789</td>
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<tr>
<td>Gonorrhea</td>
<td>262</td>
<td>212</td>
<td>144</td>
<td>121</td>
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<td>Hepatitis C Virus Infection, Chronic</td>
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<td>250</td>
<td>260</td>
<td>317</td>
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<td>Influenza Activity</td>
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<td>66</td>
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<tr>
<td>Influenza-Associated Hospitalization</td>
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<td>141</td>
<td>84</td>
<td>94</td>
<td>113</td>
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<tr>
<td>Tuberculosis, Latent Infection</td>
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<td>137</td>
<td>89</td>
<td>95</td>
<td>105</td>
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<tr>
<td>Syphilis, all stages*</td>
<td>84</td>
<td>59</td>
<td>46</td>
<td>52</td>
<td>28</td>
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<tr>
<td>Chickenpox (Varicella)</td>
<td>63</td>
<td>51</td>
<td>42</td>
<td>61</td>
<td>69</td>
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<tr>
<td>Pertussis</td>
<td>58</td>
<td>30</td>
<td>72</td>
<td>217</td>
<td>76</td>
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<tr>
<td>Campylobacteriosis</td>
<td>51</td>
<td>32</td>
<td>27</td>
<td>84</td>
<td>72</td>
</tr>
</tbody>
</table>

*5-year comparison using 2016 rankings. Confirmed cases may vary.
## WMHD Top 10 Confirmed Diseases

<table>
<thead>
<tr>
<th>Disease</th>
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<th>Actual</th>
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<td>1. Chlamydia Trachomatis Infection</td>
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<td>40</td>
</tr>
<tr>
<td>10. Campylobacteriosis</td>
<td>51</td>
<td>49</td>
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</table>
Informing the community about WIC with outreach flyers and our new pass along cards.

Medical Providers
Visited OBGYN, Family Practice, and Pediatric medical offices to build relationships, bring outreach materials, and encourage referrals.

Safe Kids Day/ Weber State Football Games
Taught families about healthy eating.

Refer a Friend Program
Families participating in WIC can now receive a pack of diapers for every friend they refer that qualifies for WIC.
The most common emergency we face at WIC is a child getting separated from their family.

In 2017 we reviewed, practiced and updated our missing child procedures. We started having practice drills so that we can efficiently find lost children and identify quickly if we need to include the police department in the search.
BREASTFEEDING LOUNGE

WIC has sponsored a breastfeeding Lounge at the Weber County Fair since 2014.

In 2017 we arranged for furniture from Rent A Center in exchange for advertising to create a nice comfortable place for moms to feed their infants along with some entertainment for their other children while they waited.
In 2017, WMHD, in collaboration with community partners, held the following events:

- In partnership with Ogden School District, NUHOPE, and Weber Human Services, the first Annual HOPE Art Contest was held. 125 students submitted artwork depicting what brings them hope.
- 25 suicide prevention trainings including QPR, SafeTALK, and ASIST.
- Nearly 600 community members were trained in suicide prevention.

Register for trainings: http://www.webermorganhealth.org/health-promotion/suicide-prevention/
SEXUAL VIOLENCE PREVENTION

New Upstanding Sexual Violence Prevention Program trains and prepares individuals with the skills and knowledge to understand violence prevention and teach basic skills within their communities and lives.

Goals of Upstanding:

• Increase knowledge of definitions and education of violence and harm in their communities
• Learn skills and techniques for violence prevention and intervention
• Develop and practice intervention skills
• Increase efficacy to intervene in some way

How can I help prevent sexual violence?

Upstanding Tip #1: Anyone can be an Upstander! An Upstander steps in when they see someone being harmed or see the potential for harm.
Collaborated with community partners to implement the Student Health and Risk Prevention Survey (SHARP) in the Morgan School District for the first time since 2011.

- 544 students in the Morgan School District participated in the biennial survey.
- Data help community’s understand trends in the risk and protective factors that impact the health of youth. With this information, community’s can make informed decisions about what their community needs best.
WMHD provided grant funding and training on how to incorporate Farm-to-Preschool at daycare centers in Weber County. Three childcare centers participated providing 378 children with hands-on education.
In 2017, Harmful Algal Blooms were reported in 10 water bodies in Utah, including Ogden’s 21st Street Pond

- Harmful Algal Blooms can be caused by high nutrients, warm water temperatures, abundant sunlight and stagnant or slow-moving water.
- Toxins in the blooms can be harmful to people, pets, livestock and wildlife.
- Weber-Morgan Health Department established a program to monitor, assess and respond should another bloom occur. inform the public of possible health risks in a timely way.
- We work fast to inform the public of health risks.

I/M TECHNICIAN TRAINING
Staff trained 350 technicians in 12 classes before implementation date.

WAIVERS
Implementation plans allowed 1-year waivers for vehicles that failed. Issued 198 waivers.

FIRST YEAR RESULTS
Total Tests – 10,727 (7% of total fleet)
Diesel Failure Rate – 1,999 (19% failure rate)
Tampered Diesels – 801 (7.5% of diesel vehicles)
2017 Budget

**Revenue**

- Local Tax Funding: $1,487,715
- Contracts/Grants: $4,078,650
- Other: $61,334
- Fees: $2,271,987
- Total Revenue: $7,899,686

**Expense**

- Salaries: $4,046,203
- Benefits: $2,091,886
- Training/Travel: $90,420
- Current Expense: $1,644,812
- Land and Equipment: $129,039
- Interdepartmental charges: $144,314
- Total Expense: $8,146,674

**Use of Fund Balance**: -$246,987

**Beginning Fund Balance**: $3,756,760
**Ending Fund Balance**: $3,509,773
# WMHD Statistics

## Environmental Health Division
- Food Service Plans Submitted for Review: 63
- Food Service Permits Issues: 84
- Food Service Inspections: 1,968
- Temporary Food Inspections: 971
- Temporary Mass Gatherings: 37
- Food Service Enforcement Actions: 8
- Food Handlers Trained and/or Permitted: 9,214
- Food Borne Illness Complaints: 37
- School and Playground Inspections: 87
- Underground Storage Tank Inspections: 85
- Public Water Samples and Inspections: 419
- Motor Vehicle Emissions – Station Audits: 669
- Waste Oil Facility Inspections: 63
- Emergency Response Call-Outs: 29
- All Other Nuisance Complaint Inspections: 327
- Daycare Food Service Inspections: 99
- Public Pools and Spas Inspections: 138
- Public Pools Water Samples: 927
- Taken
- Wastewater Permits Issue: 167
- Wastewater Soil Excavations: 120
- Wastewater System Failures: 20
- New Wastewater Systems: 103
- Meth Contamination: 50
- Properties

## Nursing and Clinical Services Division
- Family Planning Visits: 26
- Baby Your Baby: 150
- TCM Home Visits: 402
- Home Visit Program Ages 0-5: 332
- NFP Visits: 814
- Immunizations: Ages 0-2: 605
- Ages 3-6: 3,346
- Ages 7-18: 3,536
- Adult: 4,457
- STD Visits: 311
- HIV Testing: 103
- TB Testing: 1,230
- # of new active cases: 0
- Communicable Disease Investigations: 2,403
- Cancer Screening Exams: 340
- Immigration Physical Exams: 68
- Flu Vaccination School Clinics: 3,037
- Non-Flu Vaccination School Clinics: 481

## Administrative Services Division
- Vital Statistics:
  - Birth Certificates: 8,840
  - Stillbirth Certificates: 8
  - Death Certificates: 2,654
  - Marriage/Divorce Certificates: 40
  - Additional/Multiple Copies: 14,697
  - Reissues: 1,330
  - Affidavits: 136
  - Expedites: 58

## Health Promotion Division
- Injury Prevention:
  - Car Seat Program Participants: 177
  - Seat Belt Program Participants: 2,800
  - Other Injury Prevention Participants: 5,294
  - Falls Injury Prevention Participants: 66
  - Number of Suicide Training/Presentations: 25
  - Community Members Trained in Suicide Prevention: 598
  - Participants in Other Outreach Programs: 2,256
- Tobacco Programs:
  - Students/Community Members Reached: 7,139
  - END Participants: 16
  - Cessation to WIC, providers, physicians, etc.: 67
  - Retailers Trained/Educated: 155
  - Compliance Checks Conducted: 568
- Teen Health:
  - Abstinence Education Participants: 3,818
  - Number of Education Partners (Teachers): 99
  - Personal Responsibility Education Program Participants: 419
  - Sexual Violence Prevention Program Participants: 89
  - Number of Community Partners (Agencies): 17
- Healthy Living:
  - Number of Students Reached: 27,971
  - Healthy Childcare (TOPStar) Children Reached: 2,021
  - Healthy Childcare (TOPStar) Childcare Providers Trained: 89
  - Worksites that Complete a Health Risk Appraisal: 2
  - Worksites that develop or strengthen a Breastfeeding Policy: 1
  - Number of New Community Partnerships (Clinical and Community): 24
  - Number of Clinics Engaged in Quality Improvement Protocols: 6

## Women, Infants, and Children Division (Quarterly Averages)
- Certified Participants: 6,192
- Number of Women Who Initiated Breastfeeding: 1,040
- Number of Women Who Are Breastfeeding: 471
- Classes Taught: 112
- Amount of Food Dollars Provided: 3,400,000
- Total Food Dollars Used for 2017: 3,280,151