

## Regulation on Smoking in Outdoor Public Places

### Common Questions and Answers

1. What is secondhand smoke?
  - Secondhand smoke is a mixture of the smoke given off by the burning end of a cigarette and exhaled from the lungs
2. How does secondhand smoke affect people outdoors?
  - Secondhand smoke in outdoor public places can reach levels as high as those found in indoor facilities where smoking is permitted, please see our fact sheet for references and further details
3. What is the purpose of this regulation?
  - The purpose of this regulation is to protect public health, safety and general welfare. The Surgeon General has stated that there is no safe level of exposure to secondhand smoke.
4. What areas will be affected by this regulation?
  - Any outdoor gathering place owned by any county or city government that is open to the general public. *Ex: parks; playgrounds; recreational areas; golf courses excluding tees, fairways and greens; amphitheaters; fairgrounds; sports fields; amusement parks; swimming pools; concession stands; boweries; bleachers; plazas; cemeteries; walking/running trails and pathways; skate parks, etc.*
5. What are the penalties for violating this regulation?
  - Violations of this regulation can result in a \$25 fine
6. What can I do if I see someone smoking in the park?
  - Signs will be posted in all outdoor areas to advise of the regulation. If someone is smoking near you, politely refer them to the sign and ask that they put out their cigarette. If the individual fails to comply, feel free to contact the Health Department.
7. Where can I get help if I want to quit smoking?
  - The Utah Tobacco Quit line and Quitnet are free resources available to all Utahns. They offer free, personalized help in developing a quit plan, as well as free nicotine replacement therapy, if eligible and appropriate. Quitnet also offers peer support, so individuals can communicate with others going through the quitting process.
  - Utah Tobacco Quit line: 1-888-657-TRUTH (8788)
  - Utah Quitnet: [www.utahquitnet.com](http://www.utahquitnet.com)
8. Where can I get more information on secondhand smoke?
  - You can find more information on our website, or by visiting some of the following sites:
    - i. World Health Organization:  
[http://www.who.int/tobacco/research/secondhand\\_smoke/en/index.html](http://www.who.int/tobacco/research/secondhand_smoke/en/index.html)
    - ii. American Lung Association:  
<http://www.lungusa.org/site/pp.asp?c=dvLUK900E&b=35422>
    - iii. Centers for Disease Control:  
[http://www.cdc.gov/tobacco/secondhand\\_smoke/index.htm](http://www.cdc.gov/tobacco/secondhand_smoke/index.htm)