



Attention Child Care Providers!

Join us for a FREE two-part provider training to learn about:

- Childhood Obesity
- Child Nutrition
- Physical Activity for Children
- Personal Health and Wellness
- Working with Families
- Supporting Breastfeeding Mothers

The next training will be held:

Saturday, March 24th

& Saturday, April 21st

9 AM—3 PM

Weber-Morgan Health Department

477 23rd Street

Ogden, UT 84401

Check-in will begin at 8:30 AM.

From 12:20 to 1:20 participants will be excused for a lunch break.

Participants are welcome to bring a sack lunch.

A total of 10 Licensing and/or 10 Career Ladder Credits (Levels 1, 5-8) will be available.

Participants must attend BOTH Saturdays to receive full credit.

No children will be allowed in class.

Registration is required and class size is limited. To register go to <http://goo.gl/forms/vaLylpmbc5rmkusr1>
or contact Sheri (swinn@co.weber.ut.us, 801-399-7194).